unifrog Primary PSHE Lesson Pack

Our primary PSHE Lesson Pack offers lessons on the topics below, designed for every year group from Reception to Year 6.

Relationships, families, & friends:

- Friendships
- Hurtful behaviour and bullying
- Families and close relationships

Staying safe:

- Online safety
- Safety in and outside the home
- Safe relationships

Health & wellbeing:

- Physical health
- Mental health and drug education

Personal development & social responsibility:

- Money
- Growing and changing
- Respecting ourselves and others
- World of work*

*Covered in the Careers Lesson Pack



Relationships, families, & friends:	**R**	**Y1**	**Y2**	**Y3**	**Y4**	**Y5**	**Y6**
Staying safe:	**R**	**Y1**	**Y2**	**Y3**	**Y4**	**Y5**	**Y6**
Health & wellbeing:	**R**	**Y1**	**Y2**	**Y3**	**Y4**	**Y5**	**Y6**
Personal development & social responsibility:	**R**	**Y1**	**Y2**	**Y3**	**Y4**	**Y5**	**Y6**